

Boys Results 2013

Name	Past Times	Personal Record	3/18 Greenbrier Christian	3/22 Norfolk Academy	3/28 Poquoson HS	4/11 Greenbrier Christian	4/20 St Christopher	4/25 Poquoson HS	5/02 Greenbrier Christian	5/19 JV Champ	5/21 State Champ	Place in State	Place in JV Champ
110 Hurdles (17.7, 16.8, 15.9) 15.8 Napoleon McGrath (02), D'Won Walker (07)													
100 Dash (12.0, 11.5, 11.2) 11.0 Ben Leafigaga (05)													
10 Alex Lensch		13.06						13.06					
09 Tyler Navarrette		14.10	14.10	14.33	14.44								
09 Nathan Andrews		14.52	14.8	14.52									
07 Christopher Zachrias		16.49			17.17	16.49			16.80	16.51			
10 Amani Dhorde		14.21	15.8	14.21									
07 Josh Kirkpatrick		15.01		15.01									
09 Thomas Mahone		16.51				16.15							
06 Andrew Dawson		17.25	18.6		18.72	17.94		18.13	18.13	17.25			
06 Ben Reilly		18.75	20.5		21.49	19.76		19.76	20.20	18.75			
1600 Run (5:05, 4:48, 4:33) 4:31 Stephen Legg (05)													
08 Stephen Marshall		5:04	5:14	5:18	5:03	5:07.87		5:04.21	5:07.30				
08 Troy Guske		5:06	5:15		5:10			5:06.13	5:07.50				
07 Eddie Hernandez		5:40		5:55	5:44	5:44.19		5:42.34	5:40.84	5:56			
10 Grant Showalter		6:05	6:28	6:19	6:29	6:15.97		6:05.23	6:08.87	6:13			
06 Daniel Marshall		6:41	7:10	7:11	7:05	6:47.29		6:41.19	6:49.18	6:47			
07 Noah Navarrette		6:59	7:18	7:12	7:24			7:01.13	6:59.71				
400 Dash (58.4, 55.9, 52.5) 50.3 Jordan Price (04)													
10 Alex Lensch		62.55	63.7		64.05	63.40			63.33	62.55			9th
07 Josh Kirkpatrick		73.2	73.2										
09 Thomas Mahone		73.1	76.8	75.1	73.19	81.03		73.91	75.18				
07 Christopher Zachrias		82.9	82.9	87.9				86.13					
300 Hurdles (48.4, 45.9, 42.6) 41.0 Caleb Taylor (07)													
10 Alex Lensch		53.3		53.31					54.62				
800 Run (2:14, 2:06, 2:02) 1:59.9 Erik Blosser (03)													
08 Troy Guske		2:20	2:26		2:23.8			2:20.13	2:22.72				
08 Stephen Marshall		2:23	2:29		2:27.1	2:23.93		2:24.32	2:32.23				

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07 Eddie Hernandez	2:37				2:41.5	2:40.84	2:43.54	2:38.59	2:37		
10 Grant Showalter	2:39				2:48.2	2:40.19	2:39.32	2:46.13	2:44		
09 Thomas Mahone	2:42				3:04.7		2:50.65	2:51.59	2:42		
06 Daniel Marshall	3:09				3:14.63	3:11.63	3:09.12	3:10.31			
07 Noah Navarrete	3:14				3:19.35		3:23.34	3:24.34	3:14		
200 Dash (25.6, 24.2, 23.2) 22.5 Jordan Price (04)											
10 Alex Lensch	27.48	27.74			29.01	27.94		28.62	27.48		
09 Tyler Navarrete	29.91	30.22	29.91		30.17						
09 Nathan Andrews	30.53	31.58	30.53								
07 Josh Kirkpatrick	30.84	31.83	30.84								
10 Aman Dhonde	33.40	33.40	34.12								
07 Christopher Zacharias	33.97	35.69	37.66	35.84	35.46	37.95	36.60	33.97			
06 Andrew Dawson	39.15		41.73	40.91	40.00		39.15				
06 Ben Reilly	40.27	47.56	48.91	48.90	45.71	40.27	46.31				
3200 Run (11:14, 10:40, 10:10) 10:12 Jordan Price (01), Stephen Legg (05)											
08 Troy Gustke	10:54				11:48	10:54:01					
08 Stephen Marshall	13:07										
Shot Put (40'4", 44'5", 46'9") 41'11" Jason Ward (03)											
09 Tyler Navarrete	31'2"				30'5"	29'8"	29'2"	31'2"			6th
10 Alex Lensch	26'1"		24'3"			25'1"	26'1"				
Discus (10'10", 11'8", 13'16") 13'19" David Arnold (00)											
09 Tyler Navarrete	86'2"	68'2"	77'11"		77'11"	72'6"	82'6"	86'2"			3rd
10 Alex Lensch	82'2"	82'2"	70'9"		70'9"	72'2"	71'0"	72'9"			7th
09 Nathan Andrews	56'6"	56'6"									
07 Noah Navarrete	52'0"	36'3"	42'8"		42'8"	62'0"	44'9"				
07 Christopher Zacharias	43'9"		41'7"		41'7"		43'9"				
07 Josh Kirkpatrick	37'3"	37'3"									
Long Jump (18'2", 20'2", 21'3") 20'6" Napoleon McGrath (02)											
10 Alex Lensch	15'7"	14'4"			14'4"	15'7"	15'0"				
10 Grant Showalter	12'5"	10'4"	10'4"		10'4"	12'5"	12'5"				
08 Stephen Marshall	12'4"	12'4"			12'4"						
08 Troy Gustke	11'4"	11'4"			11'4"						
10 Aman Dhonde	10'2"	10'2"			10'2"						

Girls Results 2013

Name	Past Times	Personal Record	3/19 Greenbrier Christian	3/22 Norfolk Academy	3/26 Poquoson HS	4/11 Greenbrier Christian	4/20 St Christopher	4/25 Poquoson HS	5/02 Greenbrier Christian	5/19 JV Champ	5/21 State Champ
100 Hurdles (18.9, 18.1, 17.1) 15.2 Amy Ward (05)											
11 Dani Harper		19.52			22.78	20.96			19.52		
09 Michelle Carey		21.41	26.34	27.62				22.72	25.42	21.41	
11 Liz Agee		26.4	26.48								
100 Dash (14.2, 13.8, 13.2) 12.6 Caitlin Butrick (07)											
11 Sehar Hooda		15.19	16.3	16.02	15.96	15.96	16.27	15.24	15.80	15.19	
11 Jamie Field	9-15.7	15.7									
06 Mansi Dhonde		15.78		16.72	17.38	17.38	16.58	15.78	16.89		
09 Hannah Lefebvre		15.99	17.1	15.99	17.16	17.16	16.54	16.74	16.70	16.70	
06 Kalleri Lensch		16.47	17.3	17.31	17.81	17.81	17.10		17.12	16.47	
06 Reagen Moss		16.74	17.3	18.12	18.21	18.21			17.54	16.74	
09 Miranda Ralby		19.27	19.9	20.26	20.25	20.25	19.77	19.28	20.08	19.27	
1600 Run (6:20, 5:56, 5:29) 5:37 Caitlin McHugh (06)											
10 Katie Kane	7:62, 46:6, 54	6:03	6:24	6:15	6:23	6:23	6:03.68	6:08.1			
06 Caroline Schindler		6:19			6:24	6:24	6:19.34	6:25.1		6:28	
400 Dash (71.2, 67.8, 63.1) 60.1 Amy Ward (04)											
11 Jamie Field		74.0									
06 Mansi Dhonde		80.7	80.7						81.47		
10 Katie Kane	6-89.1	89.1									
11 Rachel Andrews		93.4		93.1				93.2	97.22		
300 Hurdles (58.9, 54.5, 50.4) 45.6 Amy Ward (04)											
11 Dani Harper	8-62.1	56.59	63.0	63.1	61.04	61.04			56.59		
11 Jamie Field		60.10	63.1	61.1	60.50	60.50	61.07	60.10			

06 Caroline Schindler	61.25	65.1	65.1	68.01	61.25	66.80	61.81
09 Michelle Carey	70.49	75.9	73.1	73.1	74.23	73.51	70.49
11 Sehar Hooda	67.97	82.8	74.1	72.11	75.13	68.40	67.97
06 Kailer Lensch	70.73		73.1		70.73	75.29	71.29
800 Run (2:49, 2:37, 2:28) 2:29 Caitlin McHugh (06)							
10 Katie Kane	2:46	2:49.1	2:55	2:56.83	2:49.34	2:46.39	
06 Caroline Schindler	3:00	3:00.6	3:20				
200 Dash (29.9, 28.3, 27.4) 26.9 Caitlin Burtick (07)							
11 Jamie Field	31.6	32.7			32.32		
11 Dani Harper	33.1						
06 Mansi Dhonde	34.04	36.4	34.76	36.24	34.09	34.52	34.42
11 Sehar Hooda	34.11					34.11	35.23
09 Hanna Lefebvre	35.13	40.4	38.78	37.64	35.13	38.05	
11 Liz Agee	35.7	35.7					
06 Kailer Lensch	36.80	37.9	39.31	38.18	36.80	38.65	37.95
06 Reagan Moss	38.41	38.9		41.43	38.41		38.53
09 Michelle Carey	38.73		38.93				38.73
11 Rachel Andrews	40.20					40.98	40.20
09 Miranda Reilly	42.74	44.2	43.03	44.28	42.78	42.74	43.71
3200 Run (13:45, 13:10, 12:35) 12:48 Rebekah Hardy (07)							
10 Katie Kane	14:15						
Shot Put (25'7", 27'5", 29'10") 32'10.5" Hope Leatigaga (04)							
11 Jamie Field	17'7"		17'7"	17'0"			
06 Reagan Moss	15'1"		14'4"	14'8"		15'1"	
11 Liz Agee	14'2"		14'2"				
09 Miranda Reilly	14'10"		14'10"			13'9"	

Discus (72'0", 78'0", 89'0") 98'9" Hope Leatigaga (05)

11 Dani Harper 44'5"

09 Hanna Lefebvre 32'4"

42'11"

32'4"

44'05"

Long Jump (13'9", 14'8", 15'10") 15'7.25" Caitlin Butrick (06)

10 Katie Kane 9'4"

11 Jamie Field 9'0"

06 Kaitlin Lensch 10'7"

06 Caroline Schindler 10'9"

8'10"

10'7"

10'6"

9'10"

10'9"

10'5"

10'6"

Triple Jump (28'3", 30'1", 32'9") 29'10" Joy Brackett (05), Debbie Sterne (06)

10 Katie Kane 23'1'5"

11 Jamie Field 21'4"

22'7"

22'10"

High Jump (4'5", 4'8", 4'11") 5'2" Debbie Sterne (06)

11 Sehna Hooda 4'2"

11 Jamie Field 4'0"

4'2"

4'2"

4'0"

Pole Vault (6'6", 7'3", 8'0") 8'6" Amy Ward (04)

4x100 Relay (NLS, 57.0, 54.8) 53.9 Janice Keating, Jendi Wolf, Hope Leatigaga, Amy Ward (04)

Dhonde, Hooda, Lensch, Schindler

1:08.8

61.24

65.1

4x400 Relay (NLS, 4:45, 4:25) 4:16.9 Katie Keating, Debbie Sterne, Caitlin Butrick, Caitlin McHugh (06)

5:38

5:04

4x800 Relay (NLS, 11:10, 10:46) 10:41 Katie Keating, Kelly Kane, Cheryl McHugh, Caitlin McHugh (06)